

## TEACHER'S TEXT

# IF YOU WANT TO AVOID AIDS

*remember that.....*

### 1. AIDS is an unmerciful deadly disease.

AIDS is the most serious health threat our country faces. Every month, more than 100 Papua New Guineans catches the AIDS virus. The whole populations are at risk. Worldwide there are more than forty million people infected by AIDS virus. Plus more than twenty million have already been killed by AIDS

### 2. It is not possible to cure AIDS. .

### 3. You can catch the AIDS virus:

- mainly through wrong sex:
  - Homosexuality
  - Prostitution
  - Polygamy
  - Adultery
  - Easy way: casual sex
  - (now unfortunately) through heterosexuality.
  
- but also by sharing the same needles when getting tattoos or injections, or sharing razors or blades for shaving or cutting of the skin.

### 4. As for sex, You can protect yourself 100% from AIDS:

- Through chastity: no one being abstinent gets AIDS
- through faithfulness: no one being faithful to his/her faithful partner gets AIDS

### 5. You may think that condoms can protect you. Instead it may be your trap. If you have risky sexual practices, sooner or later condoms will betray you and you get AIDS.

### 6. Condoms can not give a sure protection at all.

- ❖ As a contraceptive it fails very often. In fact each year in the United States two out of three million of the unwanted pregnancies are caused by contraceptive failure.

❖ **As a preventative from AIDS, condoms are still much more dangerous.** In other words: the chances to get the AIDS virus by using condoms are much higher than getting pregnant. In fact the AIDS virus can hit at any time of the month, not only during the fertile days, which are 6 out of 30. Furthermore AIDS can hit with the least failure of condoms or with the least mistake of those using condoms. It is sufficient to make only one mistake and you get AIDS, if your partner is infected.

7. **It is very easy to make mistakes in using condoms.** Why? Because you have to use condoms consistently (=all the time) and correctly. And this is almost impossible for the majority of the people.

8. **It is very difficult to use condoms all the time.** In fact in USA only 83% are able to use condoms all the time. The main reported reasons are as follows:

- 'I can't find one that fits.'
- 'Sex doesn't feel as good.'
- 'Condoms cut off my circulation.'
- 'They smell terrible.'
- 'They spoil the mood.'
- 'I'm too embarrassed to use one.'
- 'I've already had and been cured of a STD, I can't catch it again. (Durex)
- 'I forgot to bring it'
- 'I forgot to buy it'
- It is unpleasant to wear condoms
- 'I don't have any diseases!'
- 'I have superb control.' (12-15-33)

9. **It is very difficult to use condoms correctly.** Why? See how "SIECUS" presents them:

- 1) "A new condom is used every time a person has sexual intercourse.
- 2) The condom is put on after the penis is erect and before it touches any part of partner's mouth, anus, or vagina.
- 3) If the condom breaks during sexual intercourse, the penis should be withdrawn immediately, and a new condom should be put on the penis.
- 4) Withdraw from the partner immediately after ejaculation, holding the condom firmly to the base of the penis to keep it from slipping off, so no semen is spilled.
- 5) Water-based lubrication should be used to prevent condoms from breaking; oil-based lubricants such as cooking or vegetable oils, baby oil, hand lotion, or petroleum jelly should never be used with latex condoms. They can cause the condom to break.
- 6) Condoms should be stored in a drawer or closet, somewhere cool, dry, and out of direct sunlight. Changes in temperature, rough handling or age can make the latex brittle or gummy. Never use condoms that are damaged or discolored, brittle, or sticky. Do not store them in a wallet or car glove compartment for a long time." (1-10-13-16-27-30-37-39)

**10. Some instructions are impossible for the majority of the people.**

One realizes straightaway the difficulty of following all these instructions. It is inconceivable that ordinary people (especially those in the third world countries) know all these things, and are careful enough to follow all these instructions. Of particular difficulty are:

- ❖ point 4): in fact it requires a control that only a few people have; the unwillingness of the male partner to withdraw immediately after ejaculation is aggravated by the desire of the female partner to continue the intercourse because she did not get her share yet. That inevitably leads to the dangerous situation of spilling the semen in to the vagina, and to cause infection. Which happens very often.
- ❖ point 6) too is very difficult, with the result of frequent wrong handling of condoms: see the statistics at No. 12.

**11. Too many times condoms break or slip away.**

36% of those using condoms experience breakage, 44% experience slippage, and 50% are unable to choose a condom fit for them. “Even if there were no pores in latex condoms, in-use breakage and slip-off rates are ‘so high as to make condoms ineffective for protection against HIV’ says biochemist and molecular biologist Dr. David G. Collart, PHh. D.” (3)

**12. Many condoms users got AIDS in the USA.** 31 % of the AIDS victims used condoms all the time. The other two thirds, presumably they used condoms inconsistently.

**13. Many condoms users get infected also by many STDs diseases.** The consequence is that all those practicing risky sex, even though they use condoms, get infected and they increase the number of those spreading STDs. (14) AIM Health Care Foundation states: “Ordinary condoms only cover the penis and therefore only protect the organ and what it touches. The Reality condom covers a greater area and therefore is better for prevention. Unfortunately this is not enough protection against HIV or most other sexually transmitted infections because infected body fluids which get into cuts, abrasions, ingrown hairs, pimples, bleeding gums or other broken skin may spread the disease. (31)

**14. All those percentages are still worse in PNG.** Do you know why?  
Because:

- People do not have money to buy condoms
- There are no constant supplies
- People may buy condoms with spermicides, which are spreading rather than stopping AIDS.
- They are tempted to reuse condoms, more than in the developed countries

- They will find it unreasonable to withdraw immediately after ejaculation
- They have sharp finger nails, damaging condoms very easily
- They say that sex is much less pleasant with a condom.
- Condoms smell unpleasant
- They do not know how to handle condoms
- Often the correct size of condoms is not available
- In order to make money the stores will sell any and every kind of condom: lambskin condoms, which are ineffective in order to stop AIDS; or faulty or expired.
- They are misled by certain health information.

15. **Condoms have proved to be unreliable in reality.**

Do you know what some experts say about condoms?

- ❖ Condoms are an "antiquated system of birth control." (The American College of Obstetrics and Gynecology.)
- ❖ Because of their high failure rate of condoms "it is a disservice to encourage the belief that condoms *will prevent* sexual transmission of HIV." (Dr. Susan Weller)
- ❖ "Several studies have shown that condoms do not protect against this virus." (Westside Pregnancy Resource Center)

16. **It is a joke to say that condoms are safe or safer.** They are not safe because the statistics deny it. They are not safer, because it is just 'good luck' not to be infected. It is only a big risk, without mercy if the game is too long.

17. **Prudent predictions for those using condoms are as follows:**

- **All those playing around with risky sex behavior (= those having more than one sexual partner or having homosexual relationships) and using condoms are exposing themselves to AIDS and have a very high chance of getting infected within the first year.** If somebody is not infected within the first year, it is because he/she has been very lucky: it means that his or her partners were not yet infected.
- **All those playing around with risky sex behavior for more than four years will surely catch AIDS:** in fact the risk of having sex with an infected partner is so high in a four year period, and the condoms failure so frequent that we can reasonably exclude the possibility of not being infected.

18. **Condoms are morally bad:**

- **outside marriage** because the VI commandment says: Do not commit adultery;
- **inside marriage** because it reduces marriage to a sexual game, depriving it of its human dignity given by God.

**19. Condoms are morally bad also because they create a mentality of promiscuity.**

Promiscuity is the cause of the spread of AIDS. It send around the wrong message that everybody has the right to have sex at any time, at any age, with anybody. This is the best way to trap the people and to put at risk their earthly life as well as the everlasting one. No good can come to us by denying God's Law.

**20. Who can you give you strength to be chaste and faithful?  
Jesus.**

- Trust Jesus, who is God and says:
  - Be faithfull: Do not commit adultery
  - Be pure: Blessed the pure of heart
- Do you know that in USA a lot of young people pledge chastity?

**IF YOU WANT  
TO BE SURE TO AVOID AIDS  
FOLLOW GOD'S COMMANDAMENT**

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25-10-2001